To start

Prawn Cocktail: £6.95

Classic starter, served with little gem lettuces, marie rose sauce and brown bread (RS, 311cal)

Soup of the day: £6.50 Served with butter and crusty bread.

Deep Fried Asparagus: £6.75

Tempura style, served with plum dressing (Ve, 136cal)

Black Pudding: £6.95

Warm salad of black pudding and bacon topped with a poached egg, finished with honey mustard dressing (343cal)

Garlic bread: £3.95

Add cheese or crushed tomatoes for £1.50 extra (550cal, 865cal, 620cal)

Chicken Liver Parfait: £6.95

Served with sweet onion chutney and toasted brioche bread (1046cal)

Forest Mushrooms: £6.50

Cooked in a creamy tarragon sauce and served on croute (RS, V, 580cal)

The grill

All grill dishes are served with mushroom, onion and tomato compote. Choice of 1 sauce, plus choice of 1 side order

Pork chop	£14.95
Ribeye steak	£17.95
Bavette Steak	£16.95
Half Chicken	£14.95
Courgette & Chard	£12.95

Sides: £3.50 each

Chunky chips Sweet potato fries

Beer Battered onion rings Creamed mash potato Seasonal vegetables

Mixed salad Mushy Peas Sautéed Chard

Grill menu sauces £2 each

Pesto Romesco Garlic Mayonnaise Ranch dressing

Main courses

Lamb Chump: Roasted Lamb chump served on a white bean compote, finished with red wine jus. (RS, 731cal) **£16.95**

Rump steak: Pepper crusted steak, served with udon noodles in an Asian broth.

£15.95

(342cal)

Gnocchi: Potato Gnocchi smothered in a tomato and oregano sauce, served with garlic bread (V, 760cal) £10.95

Add Chicken Breast for £2.50 extra

Beef brisket ragout: Slow cooked beef in a bolognaise sauce, served with pasta and garlic bread. (1490cal) **£15.95**

Seafood pasta: Poached seafood in a pea and basil sauce served with garlic bread.

(1053cal) £14.95

Pork Belly: Apple baked belly of pork, served with bubble & squeak mash, finished with apple brandy sauce. (1618cal) **£16.95**

Roasted cod loin: wrapped in prosciutto, served on sautéed tomato, potato, chorizo and olives garlic butter. (565cal) **£15.95**

Sticky Korean beef: Fried beef strips in a sweet tangy sauce served on a bed of fried rice. (849cal)

£15.95

Chicken chorizo cassoulet: Sautéed chicken in a tomato and bean stew, served with couscous (767cal) £14.95

Baked butternut: stuffed with feta and olive tapenade. (Ve, RS, 272cal) **£13.95**

Crispy Smoked Tofu: Organic Tofu, served with chilly Noodles and soya glaze. (Ve, 356cal) **£12.95**

St-Helens Split & Fish: Battered cod with a split of chips and mushy peas.(341cal) **£12.95**

Cannelloni: Spinach & Ricotta Cannelloni cooked in a tomato coulis and served with garlic bread. (V, 770cal) **£12.95**

Desserts - £6.50 each

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- Chocolate orange cake, served with marmalade syrup and Chantilly cream (817cal)
- 2- Cheese & biscuits, served with chutney, celery and grapes
- 3- Spiced apple crumble, served with custard (590cal)

- 4- Tangy lemon tart, topped with fresh raspberry and coulis (GF, Ve, 732cal)
- 5- Sticky toffee pudding, served with vanilla ice cream. (732cal) GF,Ve option
- 6- Baked New York Cheesecake, served with wild berry compote (220cal)

All prices shown are inclusive of VAT at the current rate.

RS: reduced salt, V: Vegetarian, Ve: Vegan, Cal: Calories, GF: gluten free

If you suffer from a food related allergy or intolerance, please let us know. Allergen information for this menu is available on request. Food described in this menu may contain nuts or derivatives of nuts.